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Show your support of the 'Awa Festival by purchasing a t-shirt!
T-Shirts feature the design of celebrated Big Island artist Dietrich Varez.

Shirts are \$15.00 and are available at the 'Awa Development Council booth. All proceeds benefit the 'Awa Development Council

Please consider contributing to the **'Awa Development Council**, a 501(c)(3) nonprofit organization. Your generous gifts support festival expenses and educational activities. Your contributions are fully tax deductible as allowed by the IRS. Mahalo Nui Loa!

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<http://kavafestival.com> or <http://awadevelopment.org>



Ka 'Aha Kulāia 'Awa I Maluhia ka Honua



Dietrich Varez

Hawai'i Pacific Islands Kava Festival

So that the World may be at Peace

University of Hawai'i at Manoa
9AM through 5:30PM

October 6th-7th, 2007

Schedule of Events

Festival -- Saturday, October 6th

Noon – 1:00pm 'Awa Ceremony hosted by La'akea Suganuma

From ancient times, 'awa has been considered one of the most important and appropriate offerings. It was considered a drink suitable for the gods, and its offering to important guests reflects this high status. The Hawaiian kapu 'awa, or the traditional Hawaiian 'awa ceremony, is lead by Mr. La'akea Suganuma.

During the ceremony, keep conversation to a minimum, watch, and listen. Witnesses may approach to about a meter of the 'aha (cord boundary).

Musical Performances

'Awa Garden

9:00 am Halau Lokahi (Kumu Hina Wong)
10:00 am The Girls
11:00 am Michael Tanenbaum
1:00 pm Johnny Helm
1:45 pm Slam Poets Kealoha and Lee
2:00 pm Round & Round
3:00 pm Millicent Cummings
3:25 pm Makana
4:00 pm Matty McIntire
4:30 pm Stephen Inglis with Nakana
5:00 pm Guy Cruz
5:30 pm JAM Session (Kanikapila)

1:00 pm Kava preparation demonstration
Trisha Fifita

4:00 pm Kava preparation demonstration
Trisha Fifita

Ongoing Activities

Kalo cleaning
Pa'i'ai/poi pounding
Kava tasting
'Apu making
Your performance art by Solomon Enos

Talk Story in the 'Awa Garden:
Uncle Jeri (Ooka) on coconuts
Kealoha Kaliko on Moon Phases
Others welcome

Scientific Conference -- Sunday, October 7th

9:00 am until pau, St. John Hall Room 10

9:00 am Opening and introductions
9:30 am The activities of the International Kava Executive Council IKEC to remove the kava ban in Europe
10:00 am Kava in Context: Cultural Constructions and Social Negotiations of Risk
10:30 am Researching Psychological Properties of Kava
11:00 am Effects of Kava Alkaloid, Pipermethystine, and Kavalactones on Oxidative Stress and Cytochrome P450 in F-344 Rats
11:30 am Traditional Kava Beverage Consumption and Liver Function Tests in a Predominantly Tongan Population in Hawaii.
12:00 pm Optimizing the extraction of kavalactones during preparation of kava beverage
1:00 pm Isolation and Identification of Bacteria from Kava Extract
1:30 pm Nonthermal pasteurization for the production of a shelf-stable kava beverage
1:30 pm Development of an analytical tool for the quality control of kava: Analysis of kavalactones by NIRS in Vanuatu
2:30 pm Important Pests of Kava in Hawaii and Their Integrated Management
2:30 pm Current use and potential of EM Technology to improve kava yield

Kava Facts

'Awa is the Hawaiian word for Kava. Piper methysticum is the scientific name, kava is official English common name. Names for kava in other languages are ava (Samoa), yaqona (Fiji), and sakau (Pohnpei).

This is an ancient crop of the western Pacific, probably domesticated on the islands of Vanuatu. Kava has been a part of religious, political, and cultural life throughout the Pacific related to the psychoactive effect from the kavalactones. It is not addictive.

In 19th century Hawaii at least 30 varieties were used for medicinal, religious, cultural, and social purposes by all social classes, men and women. Kava is the original pau hana drink of working people to relax and ease achy muscles. Kava was also given to fussy babies and children to calm and help them sleep.

Today kava is used outside Polynesia primarily to reduce anxiety, to aid relaxation mentally as well as physically, and to sleep.

Effects of drinking kava in order of sensation- Tongue and lip numbing; Mildly talkative, euphoric; Calming, sense of well-being, clear thinking; Relaxed muscles; Sleep is restful, and No after effect next day. UH scientists are working on the biochemistry, chemistry, production, pest and diseases control, and effects of kava on human physiology.